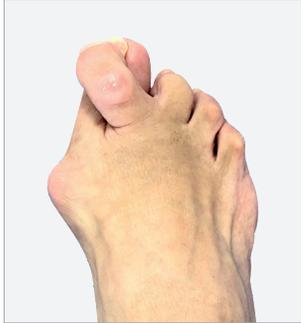
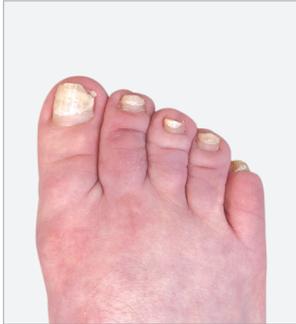
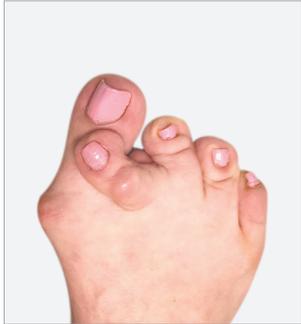


BEFORE & AFTER

BEFORE SURGERY



AFTER SURGERY



RECOVERY



FIRST WEEKS

Full weight bearing is possible immediately after surgery in an athletic or rigid flat orthopedic shoe, depending on surgeon recommendation.



NEXT 4 – 6 WEEKS

Transition to your own supportive shoe. You may begin stationary biking, walking, and using an elliptical machine.



AT 3 MONTHS

You may begin running and wearing heels, if desired.



AT 4 – 6 MONTHS

Resume most activities and return to normal shoe wear.

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miFoot™

MINIMALLY INVASIVE FOOT SOLUTIONS

THE NEXT STEP IN BUNION TREATMENT

Less Pain | Less Stiffness | Faster Recovery



FIND OUT IF YOU'RE A CANDIDATE
FOR BUNION CORRECTION AND
IDENTIFY THE RIGHT DOCTOR FOR
YOU AT WWW.MIFOOT.LIFE.

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DITCH LENGTHY RECOVERY TIMES AND UNSIGHTLY SCARS. CONSIDER PECAPLASTY® OR CENTROLOCK® BUNION CORRECTION SURGERY AND TAKE THE NEXT STEP IN YOUR RECOVERY.

Correcting your bunion should not involve a long road to recovery or unpleasant scars left behind from surgery. Enovis' **Pecaplasty®** and **Centrolock®** are new advancements in bunion correction that decrease your recovery time and keep your feet looking great.

WHAT IS A BUNION?

CAUSE

There are many theories about why bunions develop, but the exact cause is unknown. Factors likely include inherited foot type, tight or ill-fitting shoes, or a prior injury. Bunions might also be associated with certain types of arthritis – particularly inflammatory types, such as rheumatoid arthritis.

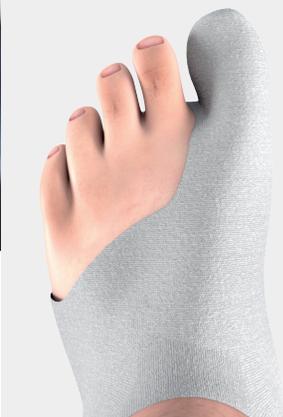
SYMPTOMS

The main symptoms of bunions are bone deformity, pain, and stiffness. As a bunion begins to form, you may notice a slight reddish coloration on the skin near the big toe joint.

Symptoms can progress and become more severe with a more prominent bump at the joint taking shape, which can also lead to the big toe deviating under the lesser toes.



TREATMENT OPTIONS



NON-SURGICAL OR CONSERVATIVE TREATMENTS

These treatments are designed to make you more comfortable, but will not address the root cause of the bunion.

Conservative treatments include:

- Toe spacers
- Pads / Splints
- Inserts / Orthotics



HOW DO PECAPLASTY® & CENTROLOCK® PROCEDURES WORK?

PECAPLASTY® & CENTROLOCK® BUNION CORRECTION PROCEDURES AVOID THE GREAT TOE JOINT SO PATIENTS TYPICALLY DO NOT HAVE AS MUCH STIFFNESS AS WITH OPEN TECHNIQUES.

Surgeons are now able to manipulate the bones in your foot and restore natural alignment through a minimally invasive approach.

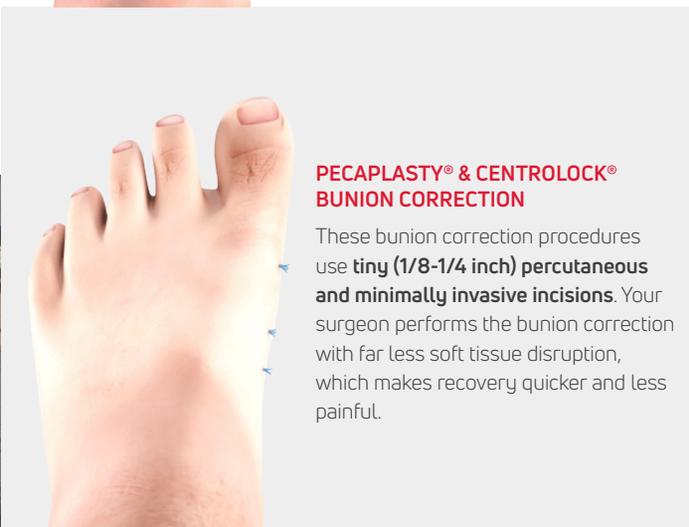
The correction is made through several mini incisions, which reduces trauma to surrounding skin and soft tissues within the foot. The result is less pain, less stiffness, and a faster recovery.

Pecaplasty® or Centrolock® trained surgeons combine these techniques with procedure-specific implants, holding the bones together during healing and maintaining long-term correction.



TRADITIONAL OPEN SURGERY

During traditional open bunion surgery, the surgeon makes a **large 2 to 6 inch incision** in order to access the bones, tendons, and ligaments in your foot. This approach is associated with an increased risk of blood loss and prominent scarring.



PECAPLASTY® & CENTROLOCK® BUNION CORRECTION

These bunion correction procedures use **tiny (1/8-1/4 inch) percutaneous and minimally invasive incisions**. Your surgeon performs the bunion correction with far less soft tissue disruption, which makes recovery quicker and less painful.



PATIENTS WHO UNDERGO EITHER A PECAPLASTY® OR CENTROLOCK® BUNION CORRECTION PROCEDURE EXPERIENCE LESS PAIN COMPARED TO TRADITIONAL OPEN PROCEDURES.